

# Five Family Activities for Earth Day

## One:

Fill plastic egg-shaped containers with varying amounts of dried beans or rice. Reinforce the seam of the egg with duck tape. Play music, sing and dance to the beat with your home-made shakers.



## Two:

Make a marble run with empty cardboard (towel, foil and tp) rolls. You can tape the rolls to a blank wall with painter's tape. Catch the marbles in an empty tissue box.

## Three:

Put a dab of blue and a dab of green paint on a white paper plate. Carefully put the plate in a clear plastic bag and seal it. Massage the paint through the plastic with fingers and hands. You'll have a pretty good approximation of our planet (green for land and blue for oceans) after awhile. Carefully remove the paper plate so the paint can dry and enjoy your creation.





## Four:

Have a nature scavenger hunt. Collect items such as one seed, two leaves, three flowers, four twigs, five pebbles or maybe something sharp, something smooth, something soft, something hard, something beautiful - the possibilities are endless. Make a collage with your found treasures.

## Five:

Adopt a tree. Make a tree trunk rubbing by taping an 8 by 11 piece of paper around the tree trunk. Use the side of a paperless crayon and rub the tree bark texture onto your page. You can make a leaf rubbing too. Draw a picture of the tree. See if any animals or insects live in your tree. Draw them too. You can make a tree book with these pages and put in some extra blank pages too, so you can draw pictures of the tree at different seasons of the year. See if you can figure out what kind of tree you have.

